

YWCA TORONTO'S

# EARLY ON & TEEN MOTHERS' WINTER PROGRAMS



ALL PROGRAMS ARE  
**FREE**  
SNACKS & TTC FARE  
PROVIDED

PHOTOS: (left) Ivan Samkov on Pexels; (right) Kelvin Agustinus on Pexels.



Child and Family Centre

## FAMILY TIME DROP-IN

Monday 1-3:30p.m., Tuesday 9:15a.m.-12:45p.m. & 1-4p.m., Wednesday 9:15a.m.-12:45p.m. | Children ages 0-6 and their caregivers

Our drop-in program offers caregivers and their children the opportunity to explore and engage in play-based activities, as well as engage with other families from the community. Join us for music, art, sensory activities and much more!

## TEEN MOTHERS

Monday 4-6:30p.m. | Mothers and gender diverse parents ages 14-26 and their children

The program is for pregnant and/or parenting mothers' and gender diverse parents and their children. Through a series of workshops, parent-child activities and referrals, participants will be equipped with valuable parenting tools and resources. Dinner provided.

## MAKING CONNECTIONS

Tuesday 10:30-11a.m. | Mothers' and gender diverse parents

This is a pre-registered in person support program providing individual support, resources and referrals. Parents can call or email for an appointment to meet with staff. Donations available.

## THE BABY BUNCH

Wednesday 1-4p.m. | Children ages 0-16 months and their caregivers

This program is focused on infant development from ages 0-16 months and gives caregivers the opportunity to engage and network with one another about their child's developmental stages. Join our program for exploration of music, sensory, art and guest presenters that share their expertise in child development.

See back for Weekly Calendar and registration/contact information.



YWCA  
TORONTO

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United Way  
Greater Toronto  
FUNDED AGENCY

Early ON  
Child and Family Centre

## STORYTIME AND SUPPER CLUB

Wednesday 4:30-6:30p.m. | Children ages 0-6 and their caregivers

In this program, we will enjoy various stories together through adult-child reading, art, sensory play, and group music and story time. A light dinner snack will be served. Children will receive a free book to enjoy at home each week, thanks to donations from the Children's Book Bank. Pre-registration required.

## EARLY ON AND TEEN MOTHERS | WINTER CALENDAR

	MONDAY	TUESDAY	WEDNESDAY
MORNING		<b>Making Connections</b> 10:30-11a.m.  <b>Family Time</b> 9:15a.m.-12:45p.m.	<b>Family Time</b> 9:15a.m.-12:45p.m.
AFTERNOON	<b>Family Time</b> 1-3:30p.m.	<b>Family Time</b> 1-4p.m.	<b>Baby Bunch</b> 1-4p.m.
EVENING	<b>Teen Mothers</b> 4-6:30p.m.		<b>Storytime and Supper Club</b> 4:30-6:30p.m.

## PROGRAM LOCATION ROOM 200, 3090 KINGSTON ROAD

For more information or to register,  
 call **416.266.1232 ext 300** or email **PGriffith@ywcatoronto.org**  
 or **MBrennan@ywcatoronto.org**



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